

Period poverty affects hundreds of people in the United Kingdom. In 2023, a poll found that the number of people who were struggling to afford menstrual products had risen from 12% to 21% in just one year.

During the Coronavirus pandemic, over one million girls in the UK struggled to access period products.

Being unable to tend to your most basic sanitary needs is a deeply painful experience, and when nobody seems to want to help, it can feel as if your dignity and humanity is being overlooked and undermined.

But there are people who want to help.

Methodist Women in Britain is a self-financing volunteer-run charity within the Methodist Church in Britain.

Our mission statement is ‘*For women, for justice, for Christ’*, and part of that calling includes advocating and providing information on issues of social concern, highlighting areas of need, and raising funds or providing other goods or services to support partners and agencies working to alleviate poverty and injustice.

Our innate dignity as humans made in the image of God means that we all deserve to have our most basic needs met, so:

HELP YOURSELF

mwib.org.uk